



Peanut Butter Strawberry Popsicles

Serving: 6 pops

Prep Time: 15

Cooking Time: 3-6 hours freezing time

Ingredients:

- 2 frozen bananas
- 1 cup peanut butter, natural no sugar added
- 1 cup frozen strawberries
- Splash of water to help the blending

Instructions:

1. Blend bananas until smooth and creamy. Add a splash of water if needed.
2. Add peanut butter and blend until smooth.
3. Fill half of your popsicle mold, I use a small one.
4. Add strawberries to the remaining banana mixture in the blender.

5. Blend until smooth and creamy, adding a splash of water if needed.
6. Add mixture to popsicle mold.
7. Insert a popsicle stick and freeze for a few hours or overnight for better results.